

# FOOD ALLERGY and SCHOOL TEAMS

## WHERE TO START?



### CLINIC TEAM

- ❖ Diagnosis from healthcare provider
- ❖ Provides completed food allergy emergency care plan by nurse or physician
- ❖ Provides current and complete school medication forms by nurse or physician
- ❖ Specifies necessary medical accommodations & restrictions
- ❖ Specifies levels of known tolerated exposure to diagnosed food allergens
- ❖ Physician, clinical nurse educator and/or clinical nurse case manager may provide input if 504 plan needed for student
- ❖ Clinical nurse educator, clinical nurse case manager or physician may provide school staff food allergy and anaphylaxis education if no school nurse available
- ❖ Physicians and clinical nurses screen for signs of bullying and collaborate with school team as needed to support student
- ❖ Clinical nurse educator, clinical nurse case manager and/or physician serve as clinic connector with school team to maximize continuity of care and student safety



### SCHOOL NURSE

- ❖ Coordinates, prepares, implements & evaluates individualized school health plans in collaboration with parents/student, clinic team & school personnel
- ❖ Considers student, staff and building differences
- ❖ Provides staff education on food allergy & anaphylaxis
- ❖ Consults on 504 planning if needed for student
- ❖ Writes and/or collaborates on letters to school parents about food allergen restrictions
- ❖ Consults on safety of field trips & necessary risk management
- ❖ Provides food allergy awareness education to students
- ❖ Screens students for signs of bullying and enforces school bullying policy
- ❖ Collaborates on creating, implementing & evaluating school food allergy policy
- ❖ Provides oversight of non-licensed assistive personnel
- ❖ Directs student health services and monitors routine and emergency medications
- ❖ Manages and treats anaphylaxis
- ❖ Coordinates, supervises and evaluates school anaphylaxis practice drills
- ❖ Promotes supportive school culture and tone



### SCHOOL PRINCIPAL

- ❖ Collaborates on creating, implementing and evaluating school food allergy policy
- ❖ Promotes supportive school culture and tone
- ❖ Oversees resource allocation to school team members implementing individualized student health plans and anaphylaxis preparedness measures
- ❖ Informs outside groups utilizing school property of necessary food allergen restrictions and monitors cooperation
- ❖ Enforces school bullying policy
- ❖ Collaborates, or identifies designee, to promote connection with local emergency response teams
- ❖ Writes and/or collaborates on letters to school parents about food allergen restrictions
- ❖ Collaborates with school food service staff, custodians, bus drivers and teachers to support necessary medical accommodations
- ❖ May participate in, or identify designee, for 504 planning if needed for student
- ❖ Provides oversight of substitute teachers and their implementation of medical accommodations

TEAMWORK & EFFECTIVE ONGOING COMMUNICATION IS KEY

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Please note: these lists are not exhaustive and do not include all members of a school team. Responsibilities of clinic team members, school nurses and administrators may vary. Reference: Russell AF, Huber MM. Food Allergy Management in Elementary School: Collaborating to Maximize Student Safety. *Journal of Asthma & Allergy Educators*. 2013; 4: 290-304.